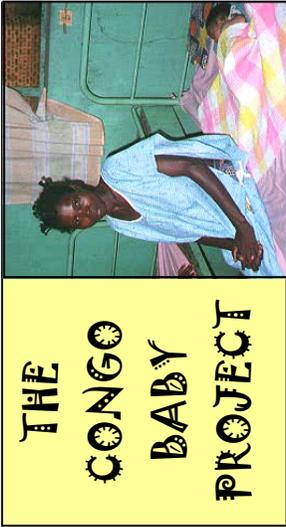


HIGH INFANT MORTALITY

Low birth weight, lack of medical care, and threat of disease and infection are contributors to high infant mortality. National maternal mortality is one of the worst in all the world.



Pregnant mothers are encouraged to learn pre-natal care and nutrition which greatly increases the newborn's survival rate as well as benefiting the mother's health. The Congo Baby Project entices pregnant mothers to come to the Bulape Hospital for this care by offering a baby packet containing basic items for a newborn.

Each packet includes:

- 3 cloth diapers
- 6 diaper pins
- 2 plastic pants
- 2 wash cloths
- 2 bars of baby soap
- newborn bonnet
- pair of booties
- newborn gown
- receiving blanket

Each complete packet costs \$15. Donations for the Congo Baby Project can be made in any monetary amount or any items listed above which will be sent directly to the Congo several times a year.

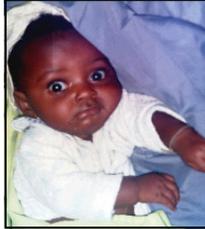
THE THREAT OF MALARIA

The most common cause of illness and death is malaria across the country. It is the leading cause of death among children under five years of age as well as a major health threat to pregnant women. Pregnant women are four times more likely to contract malaria when exposed and twice as likely to die from the disease.

THE 6-QUARTER SOLUTION



Malaria is a disease caused by parasites carried by night-biting mosquitoes. At a cost of only 6 quarters, that's just \$1.50, an insecticide-treated mosquito net used over a bed at night is an effective deterrent. These mosquito nets are distributed with the Congo Baby packets to mothers and newborns.



It is estimated that 37 percent of Congolese people have no access to health care so these preventative health measures are far more valuable than your cash donation. Please check with your company or organization for matching gift contribution opportunities to help stretch your donation dollar further.

HELPING THE SMALLEST

These preventative health care measures start small – the size of a newborn, but have big results – a healthier child.

Just \$15 will buy a complete newborn baby packet for the Congo Baby Project.

Just \$15 will buy mosquito netting for ten families with newborns participating in the 6-Quarter Solution.

Send your tax-deductible gifts to:

Congo Helping Hands
9152 Kent Avenue, B-50
Indianapolis, IN 46216



HELPING THE MOST VULNERABLE

Congo Helping Hands, Inc. focuses aid at the Bulape hospital which serves a population of approximately 150,000 people in the Bulape Health Zone. Visit our website for more information: www.congohelpinghands.org



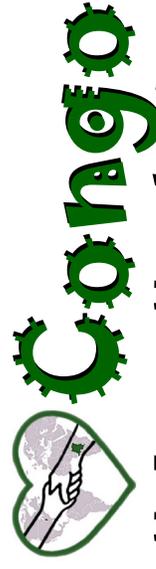
- \$15 helps purchase a Congo Baby packet or buys insecticide-treated mosquito nets for ten families.
- \$30 provides for two Congo Baby packets or 20 mosquito nets.

Tax-deductible donations can be made in any amount. Make your checks payable to Congo Helping Hands, include *Congo Baby Project* or *6-Quarter Solution* on the memo line, and mail to:

Congo Helping Hands, Inc.
9152 Kent Avenue, B-50
Indianapolis, IN 46216

Hope for Health in the

CONGO



Helping Hands, Inc.

Congo Helping Hands, Inc. is a non-profit organization working to increase awareness of need and ways to help in the Democratic Republic of the Congo, Africa

www.congohelpinghands.org



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